

Book Review

Patient Safety: Protect Yourself from Medical Errors

Written and Published by Dr Aniruddha Malpani, Mumbai; 2016; Pages: 1-152; Paperback; Price: INR 300

The book is meant to protect both the patient and the health-care professionals from medical errors which can happen in spite of the best intentions of everyone involved in patient-care. Many of these errors are avoidable if adequate precautions are taken and standard operating procedures are followed. These issues have been summarised and discussed in this book on patient safety. Dr Malpani discusses the issues from the patient's as well as the clinician's prospective. It has been written in a simple language which is easy to understand. The style of the author's writing is also lucid and absorbing.

A large number of chapters cover important and frequently asked questions discussed in form of queries or comments. Factually, most of the chapters are focused each at least on one important query which the author breaks down further into multiple queries with logical answers. I particularly liked chapters, such as: How patient empowerment improves patient safety?, How hospital can be made safer? Did doctor made mistake?, Managing mistake in medicine?, Drug Safety and so on. In the end, the author provides a list of reference articles and/or book entitled: 'If you'd like to find are more.'

The book is quite readable in also being small and somewhat linguistics in nature. Eminent quotes in the beginning of each chapter and addition of a few cartoons makes it more interesting.

Overall it is a welcome addition to the list of books on different perspectives of medicines. The book is meant for all categories of doctors. I am sure that chest physicians will find it equally enjoyable and meaningful.

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